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# 🏁 Mission 13

# Make A Great First Impression



## 🎯 Mission Objective

Learn how to prepare properly, behave professionally and give yourself the best chance of standing out when joining a new team, attending a training session, showcase game or football opportunity.

**Time to complete:** 20 minutes

Mission Videos

**Click below to watch Mission videos:**

- Module 13.1
- Module 13.2
- Module 13.3
- Module 13.4
- Module 13.5

## 👀 First Impressions Matter

Football is competitive. Managers and coaches are making decisions all the time.

They are not only looking at ability.

**They notice:**

- Attitude
- Communication
- Work ethic
- Preparation
- Coachability
- Team behaviour

Your first impression starts before you even touch the ball.

# ⚽ What Managers Notice

**Managers often remember players who:**

- Arrive prepared
- Listen
- Work hard
- Communicate
- Support teammates
- Show the right attitude

**Talent gets attention. Character builds trust.**

# 📝 Before You Attend



Preparation matters.
**Before joining a new environment:**

- Know where you are going
- Arrive early
- Have your kit ready
- Understand the session
- Research the club
- Be mentally prepared

**Professional habits create confidence.**

# 🗣️ During The Session

**Focus on:**

### Communication
Talk.
Encourage.
Be involved.

### Coachability
Listen.
Adapt.
Learn.

### Work Rate
Show your attitude in every action.

### Team Behaviour
Show that you can fit into a group.

# 📩 After The Opportunity

Your first impression doesn't end when you leave.
**A professional follow-up message can show:**

- Appreciation, Maturity, Interest, Professionalism

Small actions can leave a lasting impression.



# 💡 NLN Tip

Don't try to prove everything in one session.
**Managers want to see the player they can trust every week.**

- Be yourself, Work hard, Do the simple things well.

# 🎯 Your Challenge

Think about your last football opportunity.

**Ask yourself:**
☐ Did I prepare properly?
☐ Did I communicate?
☐ Did I show a good attitude?
☐ Did I leave a positive impression?
☐ What could I improve next time?

# ✅ Your Mission Actions

☐ Prepare properly before opportunities
☐ Arrive early
☐ Communicate positively
☐ Show your attitude
☐ Follow up professionally

## What Player Resources Should I use

- First Impression Checklist
- First Impression Follow-Up Message
- Pre-Season Preparation Guide

- **Find them [here]**